

Catch & Release Care

LMOA Lake Health & Storm Water Management Program

Please treat me gently:

- Wet your hands before handling me.
- Don't bang me against the boat or dock.
- Carefully remove the hook from my mouth.
- Don't hurt my eyes or gills.
- And please put me back into the water with care!

Do you use a live well
to hold your fish?

- Circulate the water continually, so I can breathe.
- Keep the water at lake temperature (use ice).
- Don't let me go into shock (use 1/3 cup non-iodized salt to every 5 gallons of water).

LAKE MONTICELLO
BASS CREEL LIMITS

0" to 14"

5 per day

14" to 22"

NONE

22" or larger
one per day

Thank
you!

This is the second in a series of publications that have been developed as a cooperative educational program to assist you and your neighbors in keeping our lake, the Rivanna River and the Chesapeake Bay healthy, now and in the years to come.

Our thanks to the National Fish & Wildlife Foundation, the Chesapeake Bay Program and the U.S. Environmental Protection Agency for their support through the Chesapeake Bay Small Watershed Grants Program. Thanks also to you, the members of the Lake Monticello Owners' Association. The Lake Health & Storm Water Management Program is an example of your dues at work for our community.

The following websites can tell you more about improving and maintaining our fish population:

1. www.dgif.virginia.gov -- At the Virginia Dept of Inland Fisheries site you can find a mail-in form requesting a fishing license. There is a good list, with pictures, of Virginia fish and where they can be found.
2. www.ext.vt.edu -- Virginia Cooperative Extension Service (Fluvana Office 434 591-1950) offers extensive information about managing fish in lakes, including potential damage to fish populations. Look for a study of sports fish and extensive information about fish.
3. www.lmoa.org/library.htm -- Check the LMOA site for the WEG report on the health of our lake and for the Lake Health Implementation Plan.

More information about fish handling is available at the Marina. Watch for announcements of seminars and workshops, as well as interviews on Lake Health on LMOA cable TV channel 10.

For more information about this educational program and how you can help, contact the

LAKE MONTICELLO OWNERS' ASSOCIATION
41 Ashlawn Boulevard, Lake Monticello, VA 22963
(434) 589-8263; email: LakeWatershed@lmoa.org

Can you identify these game fish that live in Lake Monticello waters?

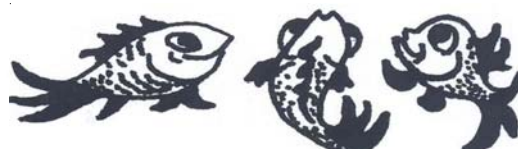


(a) Bluegill (b) Crappie (c) Large Mouth Bass (d) Yellow Perch



You and Your Lake

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Lake Health Publication #2